



Free Services!

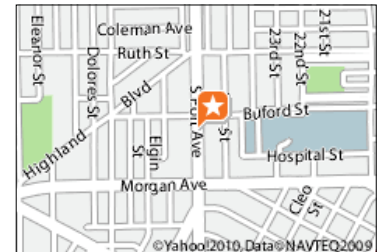


**CATHOLIC CHARITIES OF CORPUS CHRISTI
&**

**THE UNIVERSITY OF TEXAS COMMUNITY OUTREACH PROGRAM
DIABETES PREVENTION & CONTROL PROGRAM**

THE HEALTHY LIVING CENTER

**Located at:
1125 S. Port Ave.
Between
Morgan Ave. & Agnes St.**



OUR FREE SERVICES INCLUDE:

- Nutrition Classes
- Exercise Classes
- Diabetes Education
- Prescription Medication Assistance
- Transportation Assistance
- Assistance with Applications for Medicaid and Other Government Services
- Pathways to Medical Care
- Diabetes Self-Management Support for Diabetics and Families

FOR MORE INFORMATION PLEASE CALL

(361)442-2224 EXT. 16

OR GO TO OUR WEBSITE

[HTTP://UTCO.ORG/NUECES-COUNTY/](http://utco.org/nueces-county/)

An ounce of prevention is worth a pound of cure!!!